Aging Well Forum

A Program of the Glens Falls Home, Inc

Hosted by SUNY ADIRONDACK

November 6, 2010

CLASS SCHEDULE

TIME	LOCATIONS					
	AUDITORIUM	ROOM 210	ROOM 211	ROOM 218	BISHOP COMM. ROOM 2ND FLOOR	COMPUTER LAB ROOM 122
8:30–8:45	SIGN-IN					
8:45–9:00	WELCOME					
9:00–9:15	BREAK — PLEASE VISIT EXHIBITORS					
9:15–10:00	**Class 1** Local Resources for Seniors and Their Families *(Collins, Murphy, Sabo)*	**Class 2** Health Care Directives (Living Will, Health Care Proxy, MOLST) *(Burkett)*	**Class 3** Wills and Estate Planning *(O'Connor)*	**Class 4** Planning for Long-Term Care: Medicaid, LT Care Insurance *(Dezik)*	**Class 5** Getting Your Voice Heard (Self-Advocacy Strategies) *(Freire)*	**Class 6** Staying in Touch: Facebook and Email *(Erikson)*
10:00–10:15	BREAK — PLEASE VISIT EXHIBITORS					
10:15–11:00	**Class 7** Alzheimer's and Dementia: Understanding the Diagnosis *(Smith-Boivin)*	**Class 8** Legal Considerations When Appointing an Agent (Power of Attorney, Health Care Proxy, Executor, Trustee) *(Mahoney)*	**Class 9** Nursing Home Transition & Diversion Waiver Program *(Leiden)*	**Class 10** Staying Safe from Scams, Fraud and Heartache *(Padula)*	**Class 11** Retirement Planning and Investments *(Flint-Budde)*	**Class 12** Staying in Touch: Facebook and Email made Easy *(Repeated from Class 6)*
11:00–11:15	BREAK — PLEASE VISIT EXHIBITORS					
11:15–12:00	**Class 13** Steps to Healthy Aging *(Young)*	**Class 14** Medicare: What is in Place Now *(Dunn)*	**Class 15** Alternative Medicine *(Pietrangelo)*	**Class 16** Staying Connected: Socialization, Volunteering, and Continuing Education *(Stewart, Carte, Noordsay)*	**Class 17** Trusts — Revocable & Irrevocable *(Flower)*	**Class 18** Staying in Touch: Facebook and Email made Easy *(Repeated from Class 6)*
12:00–12:45	LUNCH					
1:00	GUEST SPEAKER: MARGIE INGRAM — H.A.H.A. (Healthy Aging Humorous Aging)					
	CLOSING					